





What is active learning?



Does active learning influence the brain?



What can I do to encourage active learning?

Is lecturing still O.K.?





▶ Takes 5 – 15 min. of your time



Probably takes 30 min. to set up and 10 min to run



Significant time investment. May require specific knowledge.



http://backchannelchat.com/chat/a83xe



## What Is Active Learning?

Students are actively or experientially involved in the learning process

Bonwell & Eison (1991)



## What Is Active Learning?

- Students are actively or experientially involved in the learning process
- Students do things & think about the things they do
- Think it through & make associations

Kerrey (2017)



## Maxim: Think It Through

- Promote deep processing (beyond face value of information) Craig et al. (2006)
- Require recall of relevant information

  Butler & Roediger (2007)
- Promote dual coding (verbal & visual presentation) Kosslyn (1994)
- Evoke emotion Erk et al. (2003)



#### Maxim: Make Associations Kerrey (2017)

Promote "chunking" of information

Brown, Roediger & McDaniel (2014)

Build on prior associations

Meyer (2001)

- Present organizational scheme...how is material related? Bransford, Brown, & Cocking (2000)
- Sequence chunks into stories

Graeser, Olde & Kiettke (2002)



- How many of these principles do you use?
- ls there one that you have never used?
- Post on Backchannel, or the vintage platform... treeware (a piece of paper)

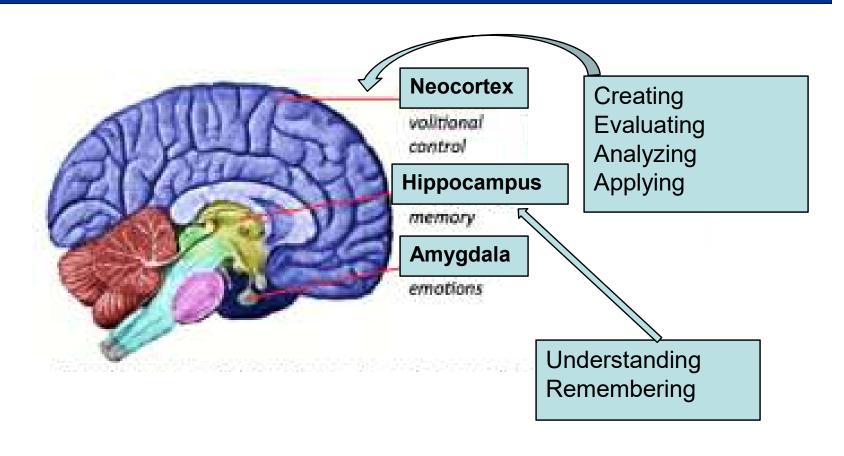


- Does this stuff work?
- Meta-analysis... AL reduced failure rate from 32% to 21% in STEM courses

Freeman et al. (2013)

Advantages seen in physics, physiology, PBL Freeman et al. (2013); Prince (2004)



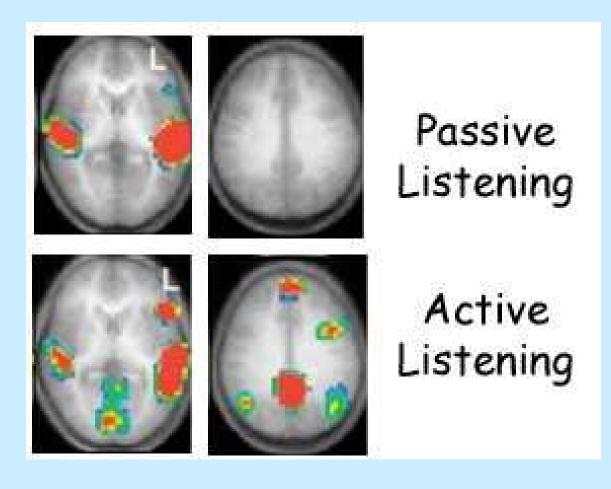


Kaufer (2011)



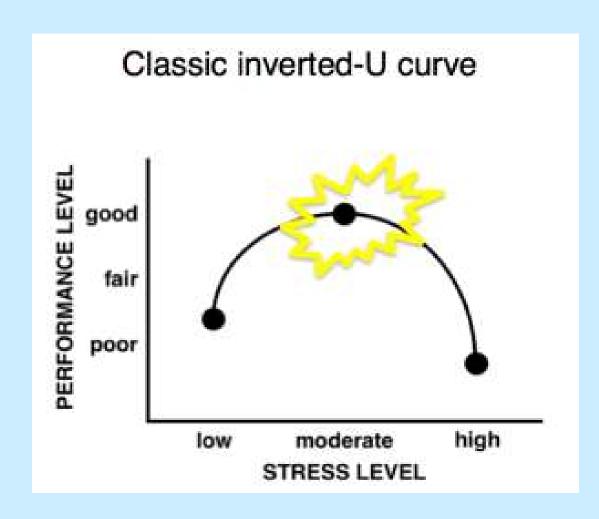
- Low levels of Bloom's activate "only" hippocampus.
- Higher levels activate cortex ... areas related to decision making, association, etc.
- Active learning takes advantage of neurological "cross-talk"





Vannest et al. (2009)



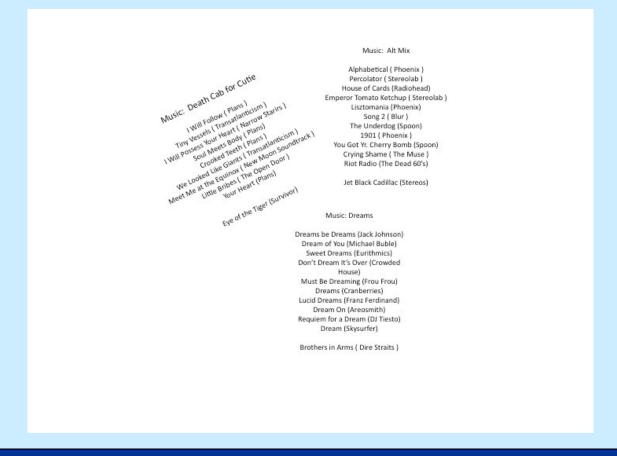




## **Inducing Moderate Activation**



#### Play music before class



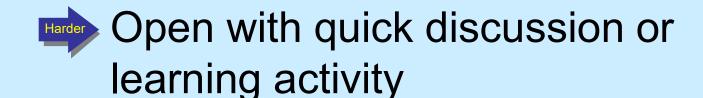


## Inducing Moderate Activation



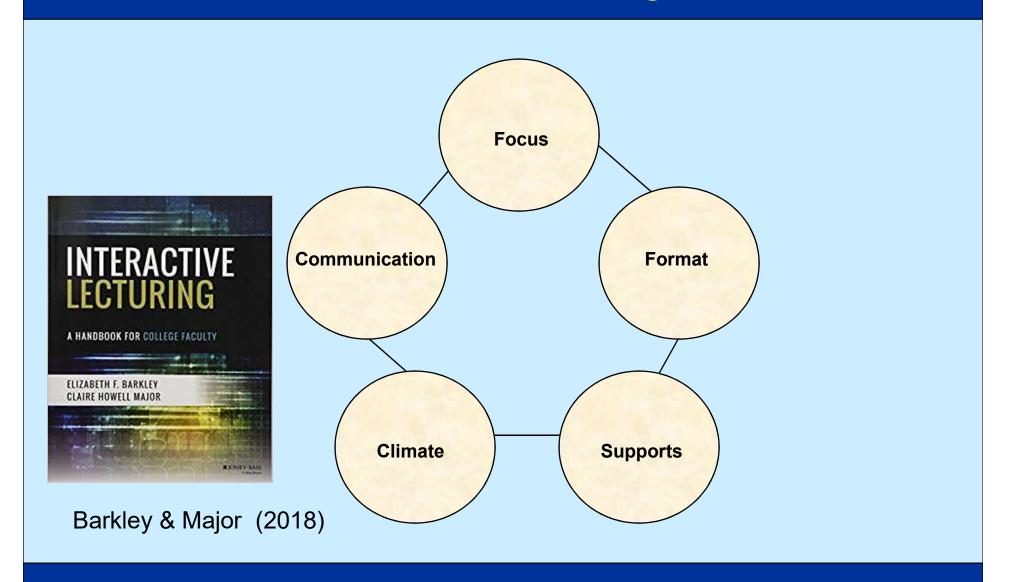
Play music before class

 Perhaps unfamiliar music or an entire set



Remember to debrief







## Active Learning: Focus

- We know the material we want to talk about, but what is the best way to structure it?
- Can be difficult with diverse class & diverse methods
- Good structure leads to better learning

Barkley, Major, & Cross (2014)



























#### Brainstorming

- Produce as many ideas as possible
- Enhances structure & flow

Henningsen & Henningsen (2013)



**W**5 (Who, What, Where, When, Why)



#### Role Storm

What would someone else say





#### Brainstorming

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- Enhances structure & flow

Henningsen & Henningsen (2013)



What if?

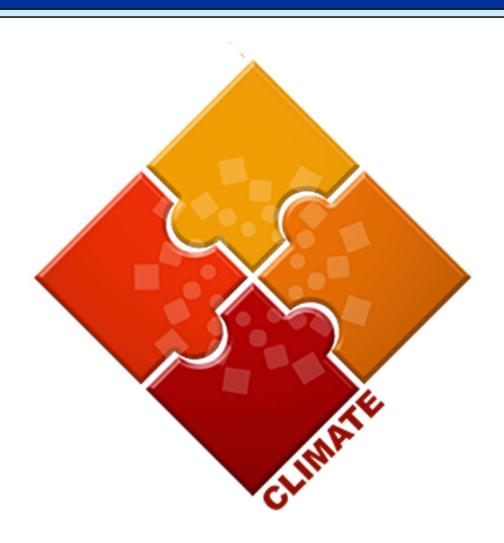


Attribute Change

Different gender, orientation, race...



# Active Learning: Climate







## **Active Learning: Climate**

- What is your learning space like?
  - Welcoming? Pleasant?
  - Do students come early?
- Do you generate enthusiasm & interest?
- Increased motivation ⇒ better learning

Bolkan et al. (2016)





#### Lecture Preview

- Lets students know what the lecture is about and that you are excited about it
- More than an outline



# Psychology 1000

Nov. 27

Learning

Schedules of Reinforcement Cognitive Approach Behaviour Therapy

Next Time: Memory

Scan: Finish Chapt. 7; 276 - 283



#### Lecture Preview

- Can post on website
- At end of class, talk briefly about the next lecture





#### Meet and Greet

- Introduce yourself to students
- Ask them who they are
- Engage in small talk

Makes you a real person, increases rapport & leads to higher motivation

Barkley & Major (2016)





The Hook

- Attention getting device
- Seeds engagement

Provides a guide to central message of lecture & increases interest

Anderson (2012)





Quote relevant to topic



Story bringing together elements of the lecture



- Easy
  - Quote relevant to topic
- Story bringing together elements of the lecture
- Video demonstrating important aspects of topic
  - source the video
  - may need to edit



## Active Learning: Communication





## **Active Learning: Communication**

- Communicating is about verbal and nonverbal behaviour
- Need to pay attention to both in order to "keep" the audience
- Good communication leads to better learning

Murray (1983)



## **Active Learning: Communication**

- Face the audience (don't worry about the visual...it will be there)
- Modulate your voice.
  - lower pitch easier to follow
  - rate of about 150 words per min

Dlugen (2012)

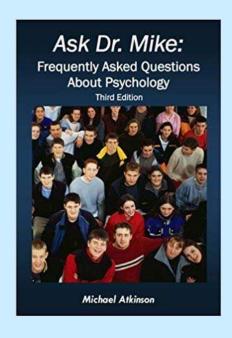




- Questions are an important part of learning
- Allows students to "test" & extend their knowledge
- If you ask... wait 7 seconds
- If student asks ... repeat



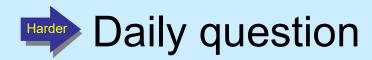














Jon is very frustrated with his brother. Rather than hitting him, he decides to paint a picture of his brother falling from a building. According to Freud, this reflects the defense mechanism of

- a. reaction formation
- b. sublimation
- c. conversion
- d. projection
- e. alteration



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Question box



Daily question



Question writing on OWL forums



Learning cells

- Students write questions
- Pair off and ask then discuss question





Gallery tour

- Students rotate around workgroups asking and answering questions
- Can be done online





- Gallery tour
  - Students rotate around workgroups asking and answering questions
  - Can be done online



Is it better to take notes by keyboarding or by using pen & paper? Why?



# **Active Learning**

- Keyboarding results in shallow processing
- Students perform worse on conceptual items
- Keyboarding tends to result in transcription rather than reframing

Mueller & Oppenheimer (2014)



# Is the Lecture Dead?



### Is the Lecture Dead?

- Lecture from the Latin "lectare"
  - to read aloud; "that which is read"
- Primary model of information transfer for centuries
- AL talked about since 1852, but not really popularized until 1991



# Against the Lecture

- Students are passive learners
- Banking model...we make deposits
- Students have no control over learning
- Research indicates that lecture is not best approach Freeman et al. (2014)
  - Eric Mazur...almost unethical to lecture
  - Wieman...about as effective as bloodletting



### For the Lecture



- Students can be active learners
- learn note-taking
- paying attention
- listening to deal with complex ideas
- Prof is expert and there is a "time for telling"
- Research on AL almost entirely STEM based



- Rarely are classes 100% lecture or 100% active
  - most profs who lecture include some AL
  - most AL profs do some lecturing
- We use both
- The real question is how to do each of these pedagogical activities well



## What Can You Do?

Use some music in class

Use a lecture preview

Use dual coding

Imagine yourself in the lecture seats

Encourage your students to think and reflect



#### image Credits

#### **Bored Student**

https://www.smartsims.com/news/are-my-students-engaged/

#### WALS

https://www.uwo.ca/wals/classroom\_spaces/index.html

#### Dr Mike Macleans magazine

#### Clickers

http://www.ethosconsultancynz.com/profiles/blogs/do-clickers-make-a-difference-in-the-college-classroom-guest?overrideMobileRedirect=1

#### focus

https://www.maxxitsystems.com/10-quick-tipsimproving-focus/

#### brain active learning

https://eideneurolearningblog.blogspot.com/2 011/01/from-passive-to-active-learners.html

#### self reflection

https://wentworthpeople.com.au/adaptivechange/feedback-self-reflection-creates-theopportunity-to-change-for-the-better/attachment/selfreflection/

#### Climate

https://tltc.umd.edu/fearless-teaching-framework-climate

#### chalkboard

http://www.cpms.byu.edu/project/understanding-with-the-chalkboard/

#### engaged class

https://medium.com/classuite/3-easy-ways-to-create-a-more-engaged-classroom-c539e0c205b2

#### interesting teachers

https://sites.google.com/site/thefutureseducation/cmap/teaching-making-learning-interesting

#### instagram

https://www.wired.com/story/instagram-sponsored-posts/

snapchat

https://www.snapchat.com/

facebook

http://pluspng.com/png-facebook-logo-3538.html

Mindset post its

https://art4clip.com/explore/Post-it%20clipart%20reflection%20paper/

laptop screen

https://medium.com/@cshirky/why-i-just-asked-my-students-to-put-their-laptops-away-7f5f7c50f368

pencil

https://www.forbes.com/sites/rogerdooley/2014/05/02/pen-paper/#4051947225fe

muddiest point

https://www.prodigygame.com/blog/active-learningstrategies-examples/ motivation

http://pd.truman.edu/motivation/

active learning Holt

https://www.pinterest.com/pin/528117493773301252/

Einstein

https://uniqueviral.com/education-quotes/

Sagan

https://uniqueviral.com/education-quotes/

Skinner

https://uniqueviral.com/education-quotes/

Glass Brain

https://www.spring.org.uk/2014/04/4-amazing-brain-animations.php

#### Bike

https://www.verywellfamily.com/riding-a-bike-2633839

#### Bloom and the Brain

https://gsi.berkeley.edu/gsi-guide-contents/learning-theory-research/neuroscience/

#### **Moderate Stress**

https://gsi.berkeley.edu/gsi-guide-contents/learning-theory-research/neuroscience/

#### Communication

https://www.biz417.com/blog/10-tips-for-workplace-communication-part-2/

#### question mark

https://giphy.com/gifs/mario-miguel-e-xUOxfjsW9fWPqEWoul

### Video

Ferris Bueller's Day Off

**Paramount Pictures** 

**Dead Poet's Society** 

**Touchstone Pictures** 

This is Your Brain on Rock-n-Roll

**ABC News** 

### Music

# Love on a Real Train Tangerine Dream

**Eurodancer DJ Mangou** 

# Thanks for your attention

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